

## March 11, 2020 Statement for Immediate Release:

## Statement on COVID-19

Doula Training Canada recognizes the vital support role that Doula's play in a person's preparation and support during childbirth and postpartum. Doulas are partners in maternity care and trained to uphold proper sanitation and hygiene protocols, as well as follow the guidance of hospital professionals.

At Doula Training Canada we believe in the safety of our clients and their growing families and know that prohibiting doulas, who have built standing relationships with their clients, will greatly impact maternal and infant outcomes.

Doula Training Canada opposes hospital policies that restrict the presence of a doula at inpatient settings during an infectious disease outbreak. Evidence supports the presence of doulas at all births and overall harm reduction will not be served by banning doulas from birthing rooms. We eagerly await the response from the SOGC on the facts and studies surrounding infectious disease outbreaks and limiting access to continuous support during labour and birth.

Our members at Doula Training Canada are professionally trained to support their clients at their request and believe it is at the client's discretion to negotiate any change of their support or contractual agreement with their doula.

Doula Training Canada is monitoring the guidelines for the regions and institutions in which our doulas are supporting clients, to ensure we are informed of any changes related to Covid-19 that may impact the safety of our doulas and their clients.

Shaunacy King

Director

Doula Training Canada INC.